Sport and Exercise Science/Sport and Exercise Science (Physical Activity and Health)

University of the West of Scotland

Venues

Lanarkshire Campus

Content

UWS's BSc (Hons) Sport & Exercise Science prepares you for a career where you will learn how to support athletes in maximising their performance.

This degree focuses on the science behind high-performance sport and physical activity for the promotion of health.

The teaching on the BSc (Hons) Sport & Exercise Science is research-led and promotes both health and performance elements of sport and exercise science.

Hosting the only British Association of Sport and Exercise Science (CASES) accredited lab in Scotland, UWS can offer lab-based and practical tuition. Assessments are a key feature of this programme and will develop your hands-on skills and sport and exercise knowledge.

Students in their final year of study will have a wide range of optional modules to select from which best suit their interests and career ambitions. A dedicated Physical Activity & Health pathway is available to 4th year students who wish to take a focused set of modules specific to that field of study.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C602

Course Length

4 years

Faculty

School of Health and Life Sciences

Department

Sport

Entry Requirements

2027 entry requirements

Standard entry:
4 Highers at BBBB including a science subject (Biology preferred) or Physical Education.

Widening access entry:
3 Highers at BBBC including a science subject (Biology preferred) or Physical Education.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

10

SCQF Points

«SCQFPoints»

Progression Routes

As an Applied Sport and Exercise graduate, you will be multi-skilled and will be multi-skilled and will be equipped to provide support in the sport, exercise and health and science industries, with opportunities in local authorities, professional sport, health care and science professions. Alternatively you may decide to continue your studies by pursuing postgraduate opportunities in research, physiotherapy, sports medicine and teaching.

Combination Courses

«htmlCombinationCourse» «htmlCombinationUCASCode»

Address

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Website

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