

Sport and Exercise Science

University of the West of Scotland

Venues

Lanarkshire Campus

Content

Sport and exercise science is concerned with supporting athletes and sports clubs, improving health, preventing illness and helping recovery from illness through programmes of physical activity. You will study Human Physiology, Psychology and Biomechanics. Other key subjects covered include Physical Activity and Health, Injury in Sport and Exercise, Strength and Conditioning and Exercise for Special Populations. In addition, optional pathways will be offered to supplement the core disciplines.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C602

Course Length

4 years

Faculty

School of Health and Life Sciences

Department

Sport

Entry Requirements

2022 entry requirements

Standard entry:

4 Highers at AABB including a science subject (Biology preferred) or Physical Education plus English and Maths at National 5.

Widening access entry:

4 Highers at BBBB including a science subject (Biology preferred) or Physical Education plus English and Maths at National 5.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

10

SCQF Points

«SCQFPoints»

Progression Routes

As an Applied Sport and Exercise graduate, you will be multi-skilled and will be equipped to provide support in the sport, exercise and health and science industries, with opportunities in local authorities, professional sport, health care and science professions. Alternatively you may decide to continue your studies by pursuing postgraduate opportunities in research, physiotherapy, sports medicine and teaching.

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

Paisley
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PA1 2BE

Website

www.uws.ac.uk