

Sport and Exercise Science

Edinburgh Napier University

Venues

Sighthill Campus

Content

This course will provide you with a sound grounding within the three core areas essential to any applied sports scientist, being Exercise Physiology, Biomechanics and Sports Psychology.

Alongside these key areas, you will also gather an introduction to other essential components and gain practical experience that will enable you to develop skills that will benefit any level of performer. There is the opportunity to undertake a work placement as part of this course.

Start Date

September

Qualification

Degree

Study Method

Full time

Award Title

BSc Hons

UCAS Code

C600

Course Length

4 years

Department

Sport and Exercise Science

Entry Requirements

2026 entry requirements

Standard entry:

4 Highers at BBBC including one from Biology (or Human Biology), Chemistry, Physical Education, Physics or Psychology plus Maths at National 5 (Applications of Maths not accepted). Higher Applications of Maths accepted if National 5 Maths is not held.

Widening access entry:

4 Highers at BBCC including one from Biology (or Human Biology), Chemistry, Physical Education, Physics or Psychology plus Maths at National 5 (Applications of Maths not accepted). Higher Applications of Maths accepted if National 5 Maths is not held.

For entry to year 2 you require 3 Advanced Highers at BBC including Biology.

SCQF Level

10

Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

Address

«Address»

Website

www.napier.ac.uk