

Art Psychotherapy (International)

Queen Margaret University

Content

The creation of art in the presence of a trained art psychotherapist can have a profoundly positive effect on people with emotional, behavioural, mental health or physical problems. Art therapy is not a recreational activity (although the sessions can be enjoyable) but a form of psychotherapy that helps people address confusing and distressing issues.

Art psychotherapists work with people to access their own image-making abilities. You could work with people of any age, from very small children to young people, adults and older adults, helping them to use art media to express themselves and communicate. You may work with groups or individuals, depending on clients' needs.

This course, the only MSc in Art Therapy in the UK, will introduce you to the profession, theory and practice of art psychotherapy. Regular practice placements working with clients will build on your theoretical learning and allow you to apply your developing skills.

All students are required to be in personal psychotherapy throughout the duration of the course.

You can opt to study for the full MSc, a PgDip, or a PgCert.

Start Date

September

Qualification

Postgraduate Master's

Study Method

Full time

Award Title

MSc

Course Length

2 years

Faculty

School of Health Sciences

Department

Health Professions

Entry Requirements

UK honours degree or equivalent in the area of the visual arts supported by a portfolio of art work (no more than 12 examples) in a variety of media over a period of time. Degrees in subjects such as psychology, social work, nursing, education etc. will be considered if supported by a substantial portfolio of art work. It is recommended to include sketchbooks, slides, photographs and other media. Online portfolios are acceptable.

Normally a minimum of one year's full-time experience (or part-time equivalent) of work in a caring capacity or equivalent. Relevant care work includes: nursing assistant, project worker, arts instructor, care work in a community setting, art teaching, or facilitating art workshops. Some experience of personal art psychotherapy or psychodynamic psychotherapy, or experiential workshops in creative therapies is desirable.

You will require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

SCQF Level

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