

## Nutrition

Queen Margaret University

### Content

This BSc/BSc (Hons) Nutrition course will give you the theoretical understanding and practical skills that you will need to build a rewarding career as a nutritionist. You will learn the scientific and social importance of nutrition in a modern and forward looking university with excellent specialist facilities and equipment. Integrated real-world experiences, including a work-based placement module will foster your practical skills.

Year One: Physiology; Contextualising You and Your Profession; Food, Lifestyle and Society; Biochemistry; Cell Biology and Genetics; Introduction to Food Science.

Year Two: Health Coaching Conversations (Behavior Change); Nutrient Metabolism; Medical Microbiology and Immunology; Nutrition; Pharmacology; Evidence-Based Practice.

Year Three: Disease Aetiology and Management; Dissertation; Nutrition Through the Life-course; Volunteering Experience; Clinical Nutrition (includes tutorials in Research Techniques for Nutrition; Epidemiology in Public Health).

Year Four: Honours Project; Current Issues in Nutrition Science; Food and Nutrition Policy; Plus one of the following two options: Health Entrepreneurship or Nutrition in Practice.

### Start Date

September

### Qualification

Degree

### Study Method

Full time

### Award Title

BSc/BSc Hons

### UCAS Code

B403

### Course Length

3 - 4 years

## Faculty

School of Health Sciences

## Department

Health Professions

## Entry Requirements

2024 entry requirements:

4 Highers at BBBC (standard entry) or BCCC (widening access entry) including Biology or Chemistry and preferably another science subject (Maths and Health and Food Technology are acceptable) plus English, Maths or Applications of Maths, Biology and Chemistry at National 5.

You may be required to be immunised against Hepatitis B.

You may require a satisfactory criminal record check from Disclosure Scotland to show that you are suitable for this type of course. Contact Disclosure Scotland for details on the type you would need.

## SCQF Level

9/10

## Progression Routes

«ProgressionRoutes»

## Combination Courses

«htmlCombinationCourse»

«htmlCombinationUCASCode»

## Address

Queen Margaret University Drive  
Musselburgh  
East Lothian  
EH21 6UU

## Website

[www.qmu.ac.uk](http://www.qmu.ac.uk)