

Personal Development

If you're interested in learning that will give you the opportunity to develop skills for life or work in general, you've arrived at the right area. Lots of courses don't relate to a specific career or career area, and you'll find them here.

You'll find courses that will prepare you for the world of work, or a return to study.

You'll also find courses designed to meet your needs if you would benefit from additional support for learning.

Courses are available to help you to:

- improve key skills in reading, writing and maths
- support you in setting up your own business
- progress into college or university
- live independently
- be more confident
- improve your general social and life skills.