

Sport

You could work in **Sport and Fitness, Sports Performance, Sports Science and Therapy**

Useful subjects to study in school

National Subjects (National 3, 4, 5 and Higher)

Biology / Human Biology
Dance
Health and Food Technology
Practical Cookery
People and Society
Physical Education
Psychology
Science

School/College Partnership Options

SfW Sport and Recreation
NPA Achieving Excellence in Sport
NPA Activity Tourism
NPA Exercise and Fitness Leadership
NPA Organising Volunteering Events in Sport
NPA Play in a Sports Environment
NPA Sports Development

Your Personal Qualities

You are

Confident, Enthusiastic, Observant, Outdoor Enthusiast, Patient, Respectful, Sociable

You're interested in

Fitness and Health, Playing Sport

Your Core Skills are

Adaptability, Communication, Leadership, Numeracy, Organisation, Proactivity, Resilience, Teamwork

Leaving School with Qualifications at:

National 3,
National 4,
National 5
or
College course at
SCQF Levels
4 and 5

or

Highers or
College course
at SCQF Level 6

Progression Routes (There may also be other courses available in your local area)

Further Education - NC, NQ and NPA (SCQF Levels 4, 5 and 6)

Achieving Excellence in Sport, Activity Tourism, Adventure Sports and Fitness, Female Football Performance/Football Performance, Fitness, Health and Exercise, Outdoor Adventure/Pursuits, Outdoor Leadership, Personal Fitness Development, Rugby Performance, Sport and Fitness, Sports Coaching, Sports Leadership, Sports Performance, Sports Therapy

Workplace Learning - Modern Apprenticeships (SCQF Levels 5/6 and 6/7)

Active Learning, Leisure and Wellbeing

Workplace Learning - Modern Apprenticeships (SCQF Level 8)

Achieving Excellence in Sports Performance (Football and Rugby)

Higher Education at College - HNC and HND (SCQF Levels 7 and 8)

Applied Sports Science, Fitness, Health and Exercise, Physical Activity and Health, Professional Golf, Sports Coaching and Development, Soft Tissue Therapy, Sports Therapy

University Degree - BA Hons, BSc Hons, MA Hons (SCQF Levels 9 and 10)

Adventure or Outdoor Education, Adventure Performance and Coaching, Environmental Geography and Outdoor Education, Exercise and Health Science, Fitness and Coaching, Golf Management, Outdoor Education and Learning, Physical Activity and Health, Physiology and Sports Science, Sport, Sport and Exercise Science, Sport and Fitness, Sport and Physical Activity, Sport Management, Sports Therapy and Rehabilitation