

Module 20 - Volunteering

Module 20 helps you learn about what volunteering is and the benefits it brings. This covers what the third sector (or volunteering sector) is, how to get started and how to find a suitable volunteering opportunity for you.

Work your way through the [Volunteering module](#), completing the activity at the end.

Teacher/Trainer Notes

If you are a teacher or trainer, view the accompanying [module notes](#), which include aims, outcomes and which career management skills and senior phase criteria the module meets.

If completing this module as a paper-based exercise, print out [Activity 1 Worksheet](#) as well as the content before delivering it.