

Activity 2 Dealing with rejection

If you've ever applied for a job and been rejected, either at application or interview stage, what did you do to deal with it? After completing this module, how would you handle it differently if it happened again?



If you haven't applied for any jobs yet, how much more confident would you feel in dealing with it after completing this module? What tips and techniques would you use to handle it?



Once you have completed this activity and saved it to your device, remember to upload it to your [Planit portfolio](#) in the JSS Evidence section.