

Activity 1 Find a volunteering opportunity

Have a think about your interests, skills, qualities and possible career plans, then do some research to find a suitable volunteering opportunity – you can use one of the websites listed in the module, or look for your own sources.

Complete the questions below to help you think about what to look for and to give the details of an opportunity you find.

Your interests

Your skills

Your qualities

Your career interests

Volunteer opportunity details