


Activity 1 Your experiences and thoughts

If you've ever applied for a job and been rejected, either at application or interview stage, what did you do to deal with it? After completing this module, how would you handle it differently if it happened again?

A large, empty thought bubble graphic with a light blue outline, intended for the student to write their response to the first question.

If you haven't applied for any jobs yet, how much more confident would you feel in dealing with it after completing this module? What tips and techniques would you use to handle it?

A large, empty thought bubble graphic with a light blue outline, intended for the student to write their response to the second question.

Once you have completed this activity and saved it to your device, remember to upload it to your [Planit portfolio](#) in the JSS Evidence section.