

## Activity 1 Video interview tips

Watch the following video from Sky showing some 'Dos and Don'ts', and answer the questions below. <https://www.youtube.com/watch?v=XI9UykX9JXo&t=3s>

What do you think that Gavin did wrong at the interview?

Thinking about the interview, what do you think Gavin did better?

# Hints

What do you think that Gavin did wrong at this interview?

He:

- dressed casually
- slouched, fidgeted and looked distracted
- didn't look interested
- didn't appear to be taking it seriously
- had negative body language (like looking away, not smiling much or looking engaged with the interviewer)
- used slang words and phrases
- insulted the interviewer
- gave answers irrelevant to the job
- didn't ask any questions about the job or the company.

Thinking about the interview, what do you think Gavin did right?

He:

- dressed appropriately and professionally
- located himself somewhere comfortable but suitable
- made sure that there was no background noise and that he wouldn't be interrupted
- was polite and respectful and gave the impression that he was taking the interview seriously
- gave the interviewer his full attention
- gave answers relevant to the job
- used positive body language – smiling and using gestures
- asked questions about the role.

Now that you have watched Gavin in both scenarios, continue to watch the video for some more general interview tips.

Once you have completed this activity and saved it to your device, remember to upload it to your [Planit portfolio](#) in the JSS Evidence section.