

Activity 1 Quiz

1. What is the most common cause of accidents in the workplace?

- a) Slips and trips b) Falling from a height c) Cutting your finger

Answer: ☐

2. What should you do before eating a meal?

- a) Wash your hands b) Find a knife and fork c) Take out your chewing gum

Answer: ☐

3. What should you do if you have lost your safety equipment?

- a) Tell your supervisor and get some more.
b) Share with your mate, one glove is better than none.
c) Carry on with the job it won't matter this once.

Answer: ☐

4. You notice the keys have been left in a fork lift truck and you know the driver has gone home, do you:

- a) Tell your supervisor?
b) Decide to have a test drive?
c) Do nothing – it's not your problem?

Answer: ☐

5. You are asked to lift a heavy box, do you:

- a) Ask your supervisor whether there are any lifting aids available?
b) Struggle to lift the box – you don't want to look weak in front of your mates?
c) Leave the box where it is – someone else can move it!

Answer: ☐

6. The fire alarm goes just as you are about to start your lunch, do you:

- a) Vacate the building in accordance with instructions?
- b) Ignore it – we are always having false alarms?
- c) Wait until you have finished your sandwiches and then leave the building?

Answer:

7) You come into work and notice some liquid spilled on the floor, do you:

- a) Inform the care taker, who normally deals with this and warn your work colleagues?
- b) Get a mop and bucket and clear it up yourself?
- c) Leave it for someone else to sort out?

Answer:

8) You slip and hurt your arm quite badly, do you:

- a) Tell your supervisor/first aider, get it treated and enter the accident in the accident book?
- b) Ignore it – your arm will feel better soon, you can use the other one?
- c) Wait until you finish work and then go to casualty – you don't want to make a fuss?

Answer:

9) A manager asks you to do a task but you are unsure how to do it, should you:

- a) Explain you have not done it before and ask them to show you how?
- b) Have a go and use your initiative?
- c) Refuse because it's not in your job description?

Answer:

10) You are asked to do a task you consider dangerous, do you:

- a) Calmly state that you are not willing to do the task until the safety measures in place are explained to you?
- b) Have a go – life is risky?
- c) Shout aggressively at your supervisor about the state of the company?

Answer:

Once you have completed this activity and saved it to your device, remember to upload it to your [Planit portfolio](#) in the JSS Evidence section.